

Idiomowy alfabet

Nauka idiomów jest najskuteczniejsza tylko wtedy, gdy jest naprawdę regularna. Wzbogać swój angielski o te popularne wśród native speakerów idiomy i używaj ich na co dzień. Koniecznie skorzystaj z habit trackera na następnej stronie i monitoruj swoje postępy. Jeśli wykonasz ćwiczenie z idiomem na daną literę alfabetu, po prostu zamaluj odpowiednie pole. Powodzenia!

Jak się uczyć?



A – at the end of the day koniec końców

You know my opinion, but at the end of the day the decision is yours.

B – bend over backwards stawać na rżęsach

Ted needs to bend over backwards all the time to please his boss.

C – cut to the chase przejść do sedna

I'm running late so let's cut to the chase.

D – dodge a bullet uniknąć kłopotów

Lucy dodged a bullet when she decided not to take this job.

E – easy come, easy go łatwo przyszło, łatwo poszło

I spent all the money I got for my birthday - easy come, easy go!

F – fish for something domagać się (np. komplementów/uwagi)

Becky's just posted another selfie. She's fishing for compliments again!

G – go with the flow robić to, co inni/płynąć z prądem

I try not to plan too much and just go with the flow when I'm on holiday.

H – hit the sack iść spać

I've got a really busy day tomorrow so I need to hit the sack early.

I – in the pipeline w przygotowaniu

My master thesis is still in the pipeline.

J – jump through hoops robić rzeczy niemożliwe

Nathan had to jump through hoops to get this necklace for his girlfriend.

K – know something inside out znać coś od podszewki

I've studied this material for weeks so I know it inside out.

L – let someone off the hook wybawić kogoś z opresji

Agnes promised to babysit for me so that gets me off the hook.

M – miss the boat przegapić okazję

Don't wait until tomorrow to buy this ticket cheaper or you'll miss the boat!

N – no-brainer łatwizna/oczywistość

The decision to move to a bigger city was a no-brainer for me.

O – off the top of one's head jak dobrze pamiętam/z głowy

Off the top of my head, there should be about 20 guests, but I'll double check.

P – play it by ear improwizować

Maybe we should play it by ear and see what happens?

Q – (be) quids in zgarnąć kasę/dorobić się

If you buy this property now, you'll be quids in.

R – run around like a headless chicken biegać jak kot z pęcherzem

I have so much to do I've been running around like a headless chicken all day!

S – so far so good póki co jest dobrze

I've already passed 3 out of 5 exams – so far so good!

T – take something with a pinch of salt traktować coś z przymrużeniem oka/rezerwą

You should always take what Amy says with a pinch of salt – she doesn't always tell the truth.

U – up in the air pod znakiem zapytania

Cass and I were supposed to meet for lunch, but it's still up in the air.

V – vicious circle błędne koło

We're all caught in this vicious circle and I don't know what to do!

W – wrap one's head around pojąć/ogarnąć

I can't wrap my head around the fact that some people are willing to pay a fortune for luxury goods.

X– X-rated dozwolony od lat 18-tu

This film is x-rated because of really violent drug and sex scenes.

Y – your guess is as good as mine wiem tyle, co Ty

- Do you think you're going to remember all the idioms from this activity?
- Your guess is as good as mine!

Z – zip it! zamknij się!

Mike, just zip it before you say something you'll regret later.

moje przykłady użycia:

habit tracker



PRZYKŁAD
ZAPISANY

POWTÓRZONE
NA GŁOS

ALL DONE,
BRAWO JA!

TU WPISZ
IDIOM

PRZYKŁAD ZAPISANY	POWTÓRZONE NA GŁOS	ALL DONE, BRAWO JA!	
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Handwriting practice lines for idioms, aligned with the alphabet rows on the left.